

Ridi Con Yogananda

YogodaAutobiography of a Yogi (100 Copy Collector's Edition)Ridi con YoganandaEmotional BalanceMetaphysical Meditations (Japanese)Giornale della libreriaA Power Stronger Than ItselfThe Definitive YoganandaAngelsHistory of Ceylon from the Earliest Period to the Year 1815Revelations of ChristYogaCourtship After MarriageHow to Achieve Glowing Health and VitalityThe Betrayal of the BodyLa religione nella nuova eraEngaged LeadershipPainCome Vincere le sfide della vitaVedic Cosmography and AstronomyYogananda. Piccole, grandi storie del MaestroLetters from the Yoga MastersTouch of LightThe Guru ChroniclesIslam Under SiegeCome essere sempre feliciPresent Moment Wonderful MomentYour Eternal SelfLetters from a StoicMan's Eternal QuestTeachings of an InitiateThe Science of ReligionWhispers from EternityDeathbed VisionsStai attento, Sadhu!Hinduism for Our TimesThe First Hindu Mission to AmericaHow to Become a HinduConversations with YoganandaAnanda Yoga for Higher Awareness

Yogoda

This book examines the contours of this creative tension in the context of Hinduism in our own times. For Hinduism, a religion of unknown antiquity, is also, in several ways, surprisingly modern. Hinduism for Our Times is an attempt to raise this dimension of Hinduism to an unprecedented level of self-awareness.

Autobiography of a Yogi (100 Copy Collector's Edition)

In questo libro sono svelati i segreti, semplici ma profondi, per portare la felicità in ogni momento della tua vita: nei rapporti con gli altri, nel lavoro e in ogni aspetto delle tue giornate. Imparerai a cercare la felicità là dove realmente si trova, a scegliere di essere sempre felice e a raggiungere il vero successo e la gioia duratura. 200 pagine, con foto in bianco e nero.

Ridi con Yogananda

Dr Roy Martina has developed a powerful comprehensive healing system called 'Omega healing'. This preventative system has been acknowledged as one of the most powerful healing techniques currently available. It tackles the root cause of problems - not just the symptoms. Balancing the emotional body and returning to our core essence restores us to greater health, ease and happiness. This fantastic CD package collects together some of Roy's most powerful teachings on this subject, along with meditations that will allow you to implement its incredible effects in your life. The first section provides an excellent introduction to Roy's background and how he came to heal himself using his Omega Healing technique. The second section features four incredible meditations that will allow you to heal every aspect of your life. The first provides energy and vitality. The second is a relaxing visualisation for the end of the day. The third helps with releasing feelings. The fourth helps heal traumas in our past lives. These meditations, recorded live in London and exclusively for Hay House showcase one of the brightest new voices in healing.

Emotional Balance

Per la prima volta a livello mondiale, una raccolta delle più belle storie raccontate da Yogananda nei suoi scritti e nelle sue conferenze. Brevi racconti colmi di umorismo e ispirazione, che cadono con leggerezza nel terreno del cuore per far sbocciare i più bei fiori della saggezza e dell'amore. Un tesoro da assaporare quotidianamente e da condividere con tutti, grandi e piccini. 192 pagine, con illustrazioni a colori di Nicoletta Bertelle, illustratrice di fama internazionale.

Metaphysical Meditations (Japanese)

Satguru Sivaya Subramuniyaswami (1927-2001) sailed for Sri Lanka in 1947 to find his guru. After years of arduous training, he fell at the feet of the Tamil master, Siva Yogaswami. Following his guru's orders, the illumined yogi returned to America to teach the path of enlightenment. Ultimately, he was recognized and befriended by India's spiritual leaders as the first Hindu guru born in the West. Gurudeva, as he was affectionately known, founded the Saiva Siddhanta Yoga Order and established Kauai's Hindu Monastery in Hawaii. Hinduism's many guru lineages are the spiritual rivers that pass the power on through the ages. The lineage that he joined extends to his guru's guru, Chellappaswami, and before him to Kadaitswami, then a nameless rishi and countless others, back to Rishi Tirumular and his guru, Maharishi Nandinatha, some 2,200 years ago in the high Himalayas. These are the illustrated stories of Satguru Sivaya Subramuniyaswami, his guru Siva Yogaswami and five preceding masters, who all held truth in the palm of their hand and inspired slumbering souls to "Know thy Self."

Giornale della libreria

'It is philosophy that has the duty of protecting us without it no one can lead a life free of fear or worry' For several years of his turbulent life, in which he was dogged by ill health, exile and danger, Seneca was the guiding hand of the Roman Empire. This selection of Seneca's letters shows him upholding the ideals of Stoicism - the wisdom of the self-possessed person immune to life's setbacks - while valuing friendship and courage, and criticizing the harsh treatment of slaves and the cruelties in the gladiatorial arena. The humanity and wit revealed in Seneca's interpretation of Stoicism is a moving and inspiring declaration of the dignity of the individual mind. Selected and translated with an Introduction by Robin Campbell

A Power Stronger Than Itself

The Definitive Yogananda

The well-known evangelist explains the characteristics of angels as well as their purposes and significance in the contemporary world

Angels

History of Ceylon from the Earliest Period to the Year 1815

Una guida per trascendere l'ego. Scritto da Swami Kriyananda in India come guida per l'ordine monastico di Ananda, questo libro aiuta ogni ricercatore spirituale a comprendere quanto sia importante mettere da parte tutti i desideri, i comportamenti e gli attaccamenti creati dall'ego; offre inoltre chiare linee guida per mettere in pratica questi insegnamenti.

Revelations of Christ

During his 50 years of psychical research, Sir William Fletcher Barrett (February 10, 1884 - May 26, 1925) observed many types of phenomena. In his reminiscences, read at a private meeting of the Society for Psychical Research (SPR) on June 17, 1924, less than a year before his death, Barrett said: "I am personally convinced that the evidence we have published decidedly demonstrates (1) the existence of a spiritual world, (2) survival after death, and (3) of occasional communication from those who have passed over. It is however hardly possible to convey to others who have not had a similar experience an adequate idea of the strength and cumulative force of the evidence that has compelled [my] belief." Barrett was the prime-mover in the founding of the SPR in 1882, serving as vice-president and editor of the Society's Journal during its first year and president in 1904. He also encouraged Professor William James of Harvard to organize the American branch of the SPR in 1884. In this book, *Deathbed Visions*, first published in 1926, the year after his death, Barrett reported on a number of intriguing cases in which a dying person appears to see and recognize some deceased relative or friend, some of them involving instances where the dying person was unaware of the previous death of the spirit form he saw. "These cases form, perhaps, one of the most cogent arguments for survival after death, as the evidential value and veridical (truth telling) character of these visions of the dying is greatly enhanced when the fact is undeniably established that the dying person was wholly ignorant of the decease of the person he or she so vividly sees," Barrett stated in the book, now something of a classic in the field.

Yoga

The mysteries of the fifth Canto of the Srimad Bhagavatam have long puzzled students of Vedic cosmography and astronomy. Confronted with a description of the universe that seems much at variance with the information provided by our senses and standard astronomical calculations, foreign observers and even Indian commentators from the middle ages up to the present have concluded that the Bhagavatam's account elaborated in other Puranas must be mythological. On the other hand the same persons have been much impressed with vedic astronomical treatises the jyotisastras which provide remarkably accurate measurements of the solar system.

Courtship After Marriage

How to Achieve Glowing Health and Vitality

This book positions Brahma Samaj leader Protap Chunder Mozoomdar as the originator of the Hindu mission movement to the United States of America in the late 19th century. It is known that Protap Mozoomdar, together with Swami Vivekananda, represented Hinduism at the Parliament of Religions at Chicago in 1893. But what has missed the focus of scholars is that Mozoomdar visited the United States ten years earlier in 1883, making him the pioneer of the Hindu mission movement to the United States. The book is the first detailed study of Protap Chunder Mozoomdar in America. It is written through primary research on American newspapers, periodicals, manuscripts, diaries and archival material available in American libraries, and material in possession of the author. On the whole, the book presents new information of interest to both the general reader and the scholarly community.

The Betrayal of the Body

Autobiography of a Yogi introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the Eastern and the Western world. The book follows him through childhood, how he met his guru, and how he became a monk and established his teachings of Kriya Yoga meditation. He also chronicles his journey to speak in a religious congress in Boston, Massachusetts and his travels across America lecturing and establishing his teachings in Los Angeles, California. Autobiography of a Yogi has been in print for seventy years and translated into over fifty languages. It is highly acclaimed as a spiritual classic that serves as an introduction to the methods of attaining God-realization and to the spiritual wisdom of the East. One of the most famous advocates for the book was Steve Jobs, who ensured a copy was handed out to everyone at his memorial service. This cloth-bound book includes a Victorian inspired dust-jacket, and is limited to 100 copies.

La religione nella nuova era

An illustrated, lay flat reference guide to hatha yoga as it was originally intended: as a way to uplift consciousness and aid spiritual development. Kriyananda's approach follows the tradition of the great Indian master Paramhansa Yogananda, bringing hatha yoga back to its central focus as an integral part of the meditative science of Raja Yoga. Inspiring affirmations and clearly written instructions demonstrate how to attune oneself to the consciousness of the poses, so that each one becomes a doorway to greater emotional well-being, inner clarity, and radiant health.

Engaged Leadership

Pain

"This book provide a unique glimpse into the lives and thinking of famous yoga masters through their correspondance with Dr. Harry Dickman"--

Come Vincere le sfide della vita

Lost Freedom addresses the widespread feeling that there has been a fundamental change in the social life of children in recent decades: the loss of childhood freedom, and in particular, the loss of freedom to roam beyond the safety of home. Mathew Thomson explores this phenomenon, concentrating on the period from the Second World War until the 1970s, and considering the roles of psychological theory, traffic, safety consciousness, anxiety about sexual danger, and television in the erosion of freedom. Thomson argues that the Second World War has an important place in this story, with war-borne anxieties encouraging an emphasis on the central importance of a landscape of home. War also encouraged the development of specially designed spaces for the cultivation of the child, including the adventure playground, and the virtual landscape of children's television. However, before the 1970s, British children still had much more physical freedom than they do today. Lost Freedom explores why this situation has changed. The volume pays particular attention to the 1970s as a period of transition, and one which saw radical visions of child liberation, but with anxieties about child protection also escalating in response. This is strikingly demonstrated in the story of how the paedophile emerged as a figure of major public concern. Thomson argues that this crisis of concern over child freedom is indicative of some of the broader problems of the social settlements that had been forged out of the Second World War.

Vedic Cosmography and Astronomy

Your Eternal Life presents in readable language overwhelming evidence from renowned scientists showing that the afterlife is as real as this life.

Yogananda. Piccole, grandi storie del Maestro

In this book Paramahansa Yogananda offers prayers and affirmations that beginners and experienced meditators alike can use to awaken the boundless joy, peace, and inner freedom of the soul. Features more than 300 uplifting meditations, prayers, affirmations, and visualizations as well as introductory instructions on how to meditate.

Letters from the Yoga Masters

Per risvegliare il coraggio, la calma e la fiducia in noi stessi, Yogananda ci parla tramite questa magica raccolta di scritti inediti, incoraggiandoci e spiegandoci come attingere alle invincibili qualità dell'anima. Impariamo anche a sintonizzarci con la presenza divina con specifiche tecniche di concentrazione per superare gli ostacoli più grandi, come la paura, il nervosismo e la collera.

Touch of Light

"Paramhansa Yogananda, a foremost spiritual teacher of modern times, offers practical, wide-ranging, and fascinating suggestions on how to have more energy and to live a radiantly healthy life. The principles in this book promote physical health and all-round well-being, mental clarity, and ease and inspiration in your spiritual life. Readers will discover: ? Priceless Energization Exercises for

rejuvenating the body and mind ? The art of conscious relaxation ? Diet tips for health and beauty"--

The Guru Chronicles

This professional book examines the concept of engaged leadership. Specifically, it focuses on the need for leaders in personal and professional realms, for-profit and non-profit, to understand the importance of engagement in order to achieve enhanced satisfaction and motivation among stakeholders (including employees, shareholders, investors, supporters, customers, suppliers, the community, competitors, family, and partners), and hence, an augmented level of designed thinking, which leads to increased innovation and on-going leadership development. Divided into three sections—engaged leadership development at the personal level, implementation at the organizational level, and manifestation in practice—this book provides professionals, practitioners and policy makers as well as students with the tools and skills to lead actively and conscientiously and help them understand the importance of creativity and compassion for development. Engaged leadership operates on the fundamental principle that leaders have to first and foremost perceive themselves as leaders, and then engage in design thinking, as they will need to develop strategies to reach, encourage, and positively appeal to these stakeholder groups. Leadership is neither limited to those holding formal managerial position, nor to any particular setting. Leaders can be found everywhere, in all layers of society. Leadership is only possible, however, if one dares to perceive and define oneself as a leader. And only when leadership is adopted as a reality within one's personal perception, can engaged leadership be applied. Featuring contributions from academics, scholars, and professionals from around the world, each providing cases, interactive questions and reflective notes, this book will be of interest to professionals, practitioners, policy makers, students and scholars interested in creative leadership, management, organizational behavior, and governance.

Islam Under Siege

In this groundbreaking book, Akbar Ahmed, one of the world's leading authorities on Islam, who has worked in the Muslim world but lives in the West, explains what is going wrong in his society by referring to Islamic history and beliefs. Employing theological and anthropological perspectives, he attempts to answer the questions that people in the West are asking about Islam: "Why do they hate us?" "Is Islam compatible with democracy?" "Does Islam subjugate women?" "Does the Quran preach violence?" These important questions are of relevance to Muslims and to non-Muslims alike. Islam Under Siege points out the need for, and provides the route to, the dialogue of civilizations. September 11, 2001, underlined the role of Islam in our time. In its demographic spread, its political span, and its religious commitment, Islam will be an increasingly forceful presence on the world stage in the twenty-first century. While some scholars predict that there will be a clash of civilizations, others see a need for a dialogue of civilizations. This book will help students, scholars of politics, sociology, international relations, and cultural studies, and reporters as well as a more general audience interested in some of the most important issues of our time.

Come essere sempre felici

In *Yoga: The Science of the Soul*, one of the greatest spiritual teachers of the twentieth century presents the history and philosophy of this timeless health practice. Much of what is known as yoga today emphasizes physical postures and exercises to increase flexibility and help relaxation. But in fact, yoga has its roots in centuries of rigorous investigation and research in the East to develop an understanding of human consciousness and its potential. In *Yoga*, Osho explains the meaning of some of the most important Yoga Sutras of Patanjali, an early “scientist of the soul” who is credited with being the father of Raja Yoga, or the “royal path” of yoga that uses physical postures and breath primarily as a means to achieve higher states of consciousness. With a fresh translation of these ancient texts, and unique Osho insights into the modern mind and its psychology, Patanjali comes to life on the pages with an approach to using yoga for greater self-understanding that is absolutely relevant to our times. An invaluable resource for beginning or experienced yoga practitioners, and for anyone who seeks to better understand the intricate and powerful relationship that exists between body and mind. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the “1000 Makers of the 20th Century” and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Present Moment Wonderful Moment

Siamo testimoni di una “nuova era” in cui la coscienza e l’energia, e non più la materia, sono riconosciute come le basi fondamentali della realtà. Quest’opera di estrema attualità ci offre una mappa concreta per orientarci in questi nuovi orizzonti e trasformare positivamente il pianeta. 378 pagine «Un riconoscimento del grande spirito dell’uomo in tutte le religioni». –Fred Alan Wolf, Ph.D., autore di *Lo yoga della mente e il viaggio nel tempo* e di numerosi altri libri «Una spiegazione davvero necessaria di come ognuno di noi possieda la capacità, l’intelligenza e l’opportunità di illuminarsi, ognuno nel proprio modo unico, religioso e spirituale». –Rev. Paula T. Webb, fondatrice del National InterFaith Council, autrice spirituale «Kriyananda ci offre i principi e le basi per una nuova religione fondata sul rapporto d’amore che dovrà legare l’uomo alla Natura e ad ogni creatura del nostro Universo». —Gian Marco Bragadin, scrittore, produttore, autore TV «Da questo libro possiamo attingere nuove forze per realizzare la Nuova Era Grazie a Kriyananda, che lo ha elaborato per noi come un grande testamento spirituale». —Calogero Falcone, studioso delle religioni «Una sintesi perfetta di tutte le sapienze spirituali elaborate nel corso della Storia umana». —Dr. Paolo Lissoni, medico, studioso di teologia «L’opera di tutta una vita». —Paola Giovetti, scrittrice, giornalista «Un meraviglioso contributo a tutta l’umanità!». —Neale Donald Walsch, autore della serie *Conversazioni con Dio* «Regala al lettore una visione affascinante del futuro». —Don Sergio Mercanzin, Centro Russia Ecumenica, Roma

Your Eternal Self

Founded in 1965 and still active today, the Association for the Advancement of Creative Musicians (AACM) is an American institution with an international reputation. George E. Lewis, who joined the collective as a teenager in 1971, establishes the full importance and vitality of the AACM with this communal history, written with a symphonic sweep that draws on a cross-generational chorus of voices and a rich collection of rare images. Moving from Chicago to New York to Paris, and from founding member Steve McCall's kitchen table to Carnegie Hall, *A Power Stronger Than Itself* uncovers a vibrant, multicultural universe and brings to light a major piece of the history of avant-garde music and art.

Letters from a Stoic

Whether you have been married two years, fifty years, or anywhere in between, this book offers couples commonsense advice on how to keep romance alive in their relationships. To those who wonder, Can I still rekindle that spark? Ziglar says, "Yes, you can!" This how-to guide to happily-ever-after combines convincing statistics, advice from experts, and humorous anecdotes from Ziglar's own experience. Inside you'll find: Six steps for starting over – no matter how long you've been married Tips for improving communication Ways to keep sexual intimacy satisfying and exciting Rules for a fair fight A frank discussion of the importance of trust Ziglar also includes a sixty-six-question survey to evaluate the state of your marriage. Take it before and after you read this book – you'll see the difference!

Man's Eternal Quest

Teachings of an Initiate

Paramhansa Yogananda was sent to the West by Jesus Christ himself, to bring back "Original Christianity." This book contains the basic divine message of the Gospels: the "Good News" that all of us are the children of God, not of Satan, and must eventually come to know Him. Book jacket.

The Science of Religion

Whispers from Eternity

The Betrayal of the Body is Alexander Lowen's pioneering study of the mind-body split.

Deathbed Visions

* What explanations have been advanced for pain and and what are their shortcomings? * How do theoretical models account for apparent anomalies in the experience of pain? * What are the implications for clinical practice and how has

practice guided theory? Psychology has made an enormous contribution to the understanding of pain and its phenomena, mechanisms, and treatments. This book explores and integrates current research in key areas of pain and pain management from a psychological perspective, and places recent developments in an historical context. The experience of pain cannot be captured in physiological terms, and treatments based on physical models are often inadequate. This book explores the multidimensional nature of pain mechanisms, including the roles of past experience, culture and personality, and considers the implications for research and treatment. The approach is primarily theoretical, but with a significant emphasis on clinical practice and application. This balance is often lacking in comparable texts, and is enhanced by the professional and research background of the authors. This clear and approachable text includes self-contained chapters that can be regarded as units of study and a unified glossary of terms completes the package. It is designed to provide a key resource for advanced undergraduate and postgraduate courses in health psychology, clinical psychology and social psychology as well as students and practitioners in health and social welfare.

Stai attento, Sadhu!

History of Sri Lanka till 1815.

Hinduism for Our Times

The First Hindu Mission to America

In this first volume of the collected talks and essays of Paramahansa Yogananda, readers will journey through some little-known and seldom-explained aspects of meditation, life after death, healing, and the power of the mind.

How to Become a Hindu

This book is intended to give, in bare outline, what we should understand by religion, in order to make it universally and pragmatically necessary. It also seeks to present that aspect of the idea of the God-head which has a direct bearing on the motives and actions of every minute of our lives. It is true that God is Infinite in His nature and aspect, and it is also true that to prepare a chart detailing, so far as is consistent with reason, what God is like is only an evidence of the limitations of the human mind in its attempt to fathom God. Still it is equally true that the human mind, in spite of all its drawbacks, can not rest perfectly satisfied with what is finite. It has a natural urge to interpret what is human and finite in the light of what is super-human and infinite,— what it feels but can not express, what within it lies implicit but under circumstances refuses to be explicit. This book includes the following chapters: I. The Universality, Necessity, and Oneness of Religion: The Distinction between Pleasure, Pain, and Bliss: God II. Four Fundamental Religious Methods III. Instruments of Knowledge: Religious Point of View

Conversations with Yogananda

Ananda Yoga for Higher Awareness

2014 Reprint of Original 1925 Edition. Exact facsimile of the original edition, not reproduced with Optical Recognition Software. This edition reprints the first three lessons including 39 illustrations as outlined in the 1925 course on energization and will power. This work is the exercise book for those who enrolled in Yogananda's course at the Yogoda Sat-Sanga Society in Boston. Though later modified, these are the original first three lessons as Yogananda thought to his students. The book includes the exercises with diagrams and complete instructions as well as the first three written lessons.

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#) [HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)