

# Better And Faster The Proven Path To Unstoppable Ideas

Meant for More Achieve More, Succeed Faster The  
Wisconsin Farmer Atomic Habits Sprint The Oxygen  
Advantage Smarter Faster Better Agile M&A Better,  
Faster, Lighter Java The Overnight Diet How to Sell  
Your Land Faster Become a Super Learner Proven  
Speed Reading Techniques Be a Network Marketing  
Millionaire Innovate Your Innovation Process Jeffrey  
Gitomer's 21.5 Unbreakable Laws of  
Selling Photographic Memory Sleep Smarter Sell More  
Faster The Road to Reinvention Results Faster! Focal  
Point Better, Stronger, Faster Top ways to generate  
income online using proven methods Improve Your  
Memory - Learn Faster, Retain More, and Unlock Your  
Brain's Potential - 17 Scientifically Proven Memory  
Techniques for Better Daily Living Yes! Financial  
Freedom From Promising to Proven: A Wise Giver's  
Guide to Expanding on the Success of Charter  
Schools Exploiting Chaos How to Learn Faster The  
Wisconsin Farmer, and Northwestern Cultivator Better  
and Faster Proven Guilty Create the Future + The  
Innovation Handbook Time Power Faster, Better,  
Stronger Writing Your Doctoral Dissertation or Thesis  
Faster Team Up! Find a Better Job Faster with a Job  
Search Work Team Do More Faster Get Better

## Meant for More

The chief people officer at FranklinCovey outlines  
anecdotal and practical recommendations for how

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organizations of any size or type can create a competitive advantage by building effective relationships.

### **Achieve More, Succeed Faster**

Shawn Stevenson is a health expert with a background in biology and kinesiology who has helped thousands of people worldwide to improve their health, through his private work as well as his #1 Nutrition and Fitness podcast on iTunes. In his work, Shawn brings a well-rounded perspective to the perennial question: how can we feel better? In investigating complex health issues such as weight loss, chronic fatigue and hormone imbalance, Shawn realised that many health problems start with one criminally overlooked aspect of our routine - sleep. In *Sleep Smarter* Shawn explores the little-known and even less-appreciated facts about sleep's influence on every part of our life. Backed by the latest scientific research and packed with personal anecdotes and tips from leaders in the field of sleep research, this book depicts the dangers of insufficient sleep - from weight retention to memory loss to bad sex to increased risk of disease. In his clear, personable and relatable style Shawn offers 21 simple, immediately applicable ways for readers to take their well-being into their own hands and improve their sleep now

### **The Wisconsin Farmer**

From three design partners at Google Ventures, a unique five-day process--called the sprint--for solving

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tough problems using design, prototyping, and testing ideas with customers.

### **Atomic Habits**

There are universal laws of selling that determine whether you succeed, or don't succeed — whether you earn enough to enjoy the lifestyle you want or struggle to make ends meet. When you align the wind with your sails, you move effortlessly across the water. When your sails are out of alignment, you flounder and go nowhere. If you align your thinking and actions with these powerful laws of selling, you will be more effective and efficient. You will encounter less friction, require less energy, and get bigger results faster. Here's a sampling of Jeffrey's 21.5 Laws of Selling: • Deliver Value First • Ask Before Telling • Communicate in Terms of Them • Become Your Own Brand • Earn Referrals and Testimonials without Asking • Create Loyal Customers These 21.5 Laws are the rock foundation of selling. They may be invisible but they are undeniable — and unbreakable. If you're just getting started in selling, you will find the Laws invaluable. Whether or not you learn them and follow them will make or break your career. If you've been in sales for a while, you will find yourself saying, "I haven't been doing that." "I knew that! How did I forget?" When we break the Laws we pay the price. Our sales suffer. Our bank account takes a hit. It's an effort to get out of bed and make a sales call, to do our best work — work that is aligned with the Laws. Use Jeffrey's Laws of Selling to recharge your enthusiasm and redirect your actions back to what

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really works.

## **Sprint**

Provides time management strategies and techniques, covering such topics as the psychology of time management, establishing priorities, developing better work habits, managing multitask jobs, and overcoming procrastination.

## **The Oxygen Advantage**

You already know that job hunting can be difficult. It can be tough in a good job market. In a bad job market, it can be brutal. You get rejection after rejection. You're constantly faced with the Black Hole of job hunting: You complete applications, post resumes and make contacts, but get no response at all. It can be hard to keep going, and many job hunters have periods of doing far too little - and even slowing down just when they need to speed up. And sometimes it's hard to know what kind of effort to make. Should you make more phone calls? Use more social networking sites? Find more job boards? Make more contacts? A professional career coach could assist you with all of this. However, many job hunters are unemployed and not in a position to hire a coach. A PROVEN SYSTEM But now, there's another solution. Rather than hunker down alone in a home office, you can do your job hunting as part of a Job Search Work Team. Team members do not need to be experts, since they're using a proven system - one that's been successfully used by a 300-office global career

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services company for over 20 years. Job Search Work Teams have helped thousands of job hunters find great new jobs faster. Team Up! shows you the university research that explains why and how these teams are so successful. And the book tells you exactly what to do to join, start or lead one of these teams. Teams have been shown to shorten job searches by 20%. That could cut a five-month search to four months, and save you a full month's salary.

### ENDORSED BY EXPERIENCED CAREER

PROFESSIONALS Career professionals who have used Job Search Work Teams are enthusiastic about their value for job hunters. On the first two pages of Team Up!, you'll see endorsements from people with a combined total of 200 years experience as professional career coaches. On the back cover of the book, you'll see endorsements from leaders of church, synagogue and nonprofit programs that use these teams. In that kind of program, teams are usually led by the job hunters themselves. The teams have proven successful when led by professional leaders, volunteer workers, or team members. But however they're led, it's important that all team members understand exactly how they work and what to do in meetings to help make every member's search more effective, more comfortable and faster. Team Up! explains the whole thing, step-by-step, telling you exactly how you can start, join or lead one of these teams. **JOB SEARCH WORK TEAMS OFFER: \*\*\* A comfortable, supportive weekly meeting that's focused on making every team member's job search more effective this week than it was last week. \*\*\*** Networking assistance, since every member has two dozen eyes and ears on the lookout for job leads and

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job market information -- not just two. \*\*\* An advisory group to answer questions, enumerate options, and provide objective advice. \*\*\* A simple progress measurement system that allows job hunters to answer three key questions: (1) "Before you start getting job interviews, how do you know whether you're making progress? (2) How much progress did you make this week? (3) Which of your efforts are producing the progress? TEAM UP! TELLS YOU: +++ How to join an existing Job Search Work Team. +++ How to start your own team if there isn't one near you. +++ How to ensure that every weekly team meeting is safe, comfortable and highly productive for everyone in the room. +++ How to use teams in church, synagogue or community job search assistance programs. +++ How to make your job search more effective - even if you decide not to join a Job Search Work Team. The book is written for career professionals as well as job hunters. It includes a message for career coaches and a complete manual/workbook. It is not available as an e-book because it is in 8 1/2 by 11 inch format and includes numerous full- and two-page graphics that cannot be viewed on those device

### **Smarter Faster Better**

### **Agile M&a**

The #1 New York Times bestseller. Over 1 million copies sold! Tiny Changes, Remarkable Results No matter your goals, Atomic Habits offers a proven

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framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: • make time for new habits (even when life gets crazy); • overcome a lack of motivation and willpower; • design your environment to make success easier; • get back on track when you fall off course; and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual

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who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

### **Better, Faster, Lighter Java**

Are you weary of cookie-cutter fitness plans devoid of anything you can actually use? Or programs promising great abs by Monday? Eric Heiden, M.D., and Massimo Testa, M.D., are renowned physicians who've spent their lives facing every conceivable exercise problem, helping both elite athletes and people who want to finish a 5K or achieve lower blood pressure. Part I of this book is a treasure trove filled with everything everyone should know about fitness but that even the best athletes do not, including how to start (or restart) an exercise regimen; eat before, during, and after a workout; lose weight while getting fit; treat aches and pains; diagnose fatigue; harness your thoughts; and select the activities best suited to you. Part II unveils a twelve-week fitness program, tailored to your needs, which will optimize your time, efforts, and results. *Faster, Better, Stronger*, named one of the top ten books of the year by [Disaboom.com](http://Disaboom.com), is highly inspiring and fun to read, with stories from Dr. Heiden at the Olympics and from Dr. Testa about helping the world's top cyclists as well as elderly and obese patients. Doctors rarely make guarantees, but Dr. Heiden and Dr. Testa are willing to guarantee this: Everyone can get better. Including you.

### **The Overnight Diet**

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An award-winning entrepreneur and business coach outlines an easy-to-follow formula that helps you own your unique value, make more money, have more impact, and get more out of life--all without being pushy or sales-y. Meant for More is a How to Win Friends and Influence People for the modern age. It shows you how to stand out in an increasingly noisy world by simply offering your unique skills and talents and helping others do the same. It offers tangible skills to use in all areas of your life, including work, to increase your success and do good while you're at it. It speaks to people looking to leave the 9-to-5 for more freedom and fulfillment; stay-at-home moms going back to work; young Boomers worried they're too senior (and expensive) to find new jobs; idealistic Gen Xers and Millennials unwilling to toe the company line; and experts in any field who want to cash in on their expertise while making a difference. In Meant for More, an award-winning entrepreneur and business coach outlines the formula for getting the "more" you've been longing for: a proven system to sell yourself and your one-of-a-kind gifts to the people you were meant to help and reap the rewards that come when you stop giving away your gifts for free. The Meant for More Formula helps you upgrade your mind-set, unwrap your unique gifts, claim your value, and make irresistible offers so you can get what you're worth and make the difference you're here to make--in a way that isn't remotely pushy or sales-y. We all long for more: More impact. More success. More fulfillment. More abundance. More freedom. More joy. But it's not necessarily easy to fulfill this longing. We all know someone who clearly has so much to offer the world but who holds back out of

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fear--fear of failure, or of success; fear of putting herself "out there"; fear of being perceived as pushy or full of himself. Maybe that person is you.

### **How to Sell Your Land Faster**

Eleven proven steps that can help you add value to your land are identified and clearly explained by a leading land broker. The steps offered in this short book can help you sell your land faster by improving its overall desirability and helping it stand out among other rural real estate tracts on the market. Top land real estate agents and brokers will try to guide their clients to making reasonable improvements on their property in an effort to get a better price for their land and to help it sell faster. You, as the land owner, can often get these improvements done in simple and cost-effective ways. Your informed effort on the front end can often make your reward on the back more than worthwhile! You will be able to see how some of these steps look on real land tracts of various sizes by seeing some of RecLand's listings at <http://www.recland.net>.

Many of the rural properties listed there will serve as real life examples. You can also hear more practical information related to this by watching some of the videos at <http://www.reclandtalks.com>.

RecLand Realty is the Duck Commander and Buck Commander Endorsed Land Broker and sells hunting land, timberland, farms and ranches in Louisiana, Arkansas, Mississippi, Texas, Iowa and Missouri. We have a broad range of experience in selling land and land management and have captured some of that experience here to help

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you sell your land faster or improve it for your own use and enjoyment. (tags: land, real estate, land agents, land brokers, land management, buying land, rural land, recreational land)

### **Become a SuperLearner**

The only wizard in the Chicago phone book, Harry is given the task of investigating rumors of black magic in the Windy City, while, at the same time, searching for some malevolent entities that feed on fear who have been set loose on Chicago.

### **Proven Speed Reading Techniques**

### **Be a Network Marketing Millionaire**

The International Bestseller "This book blew my mind. More importantly, it made financial independence seem achievable. I read Financial Freedom three times, cover-to-cover." --Lifemaker Money is unlimited. Time is not. Become financially independent as fast as possible. In 2010, 24-year old Grant Sabatier woke up to find he had \$2.26 in his bank account. Five years later, he had a net worth of over \$1.25 million, and CNBC began calling him "the Millennial Millionaire." By age 30, he had reached financial independence. Along the way he uncovered that most of the accepted wisdom about money, work, and retirement is either incorrect, incomplete, or so old-school it's obsolete. Financial Freedom is a step-by-step path to make more money in less time,

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so you have more time for the things you love. It challenges the accepted narrative of spending decades working a traditional 9 to 5 job, pinching pennies, and finally earning the right to retirement at age 65, and instead offers readers an alternative: forget everything you've ever learned about money so that you can actually live the life you want. Sabatier offers surprising, counter-intuitive advice on topics such as how to: \* Create profitable side hustles that you can turn into passive income streams or full-time businesses \* Save money without giving up what makes you happy \* Negotiate more out of your employer than you thought possible \* Travel the world for less \* Live for free--or better yet, make money on your living situation \* Create a simple, money-making portfolio that only needs minor adjustments \* Think creatively--there are so many ways to make money, but we don't see them. But most importantly, Sabatier highlights that, while one's ability to make money is limitless, one's time is not. There's also a limit to how much you can save, but not to how much money you can make. No one should spend precious years working at a job they dislike or worrying about how to make ends meet. Perhaps the biggest surprise: You need less money to "retire" at age 30 than you do at age 65. Financial Freedom is not merely a laundry list of advice to follow to get rich quick--it's a practical roadmap to living life on one's own terms, as soon as possible.

### **Innovate Your Innovation Process**

Sometimes the simplest answer is the best. Many

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Enterprise Java developers, accustomed to dealing with Java's spiraling complexity, have fallen into the habit of choosing overly complicated solutions to problems when simpler options are available. Building server applications with "heavyweight" Java-based architectures, such as WebLogic, JBoss, and WebSphere, can be costly and cumbersome. When you've reached the point where you spend more time writing code to support your chosen framework than to solve your actual problems, it's time to think in terms of simplicity. In *Better, Faster, Lighter Java*, authors Bruce Tate and Justin Gehtland argue that the old heavyweight architectures are unwieldy, complicated, and contribute to slow and buggy application code. As an alternative means for building better applications, the authors present two "lightweight" open source architectures: Hibernate--a persistence framework that does its job with a minimal API and gets out of the way, and Spring--a container that's not invasive, heavy or complicated. Hibernate and Spring are designed to be fairly simple to learn and use, and place reasonable demands on system resources. *Better, Faster, Lighter Java* shows you how they can help you create enterprise applications that are easier to maintain, write, and debug, and are ultimately much faster. Written for intermediate to advanced Java developers, *Better, Faster, Lighter Java*, offers fresh ideas--often unorthodox--to help you rethink the way you work, and techniques and principles you'll use to build simpler applications. You'll learn to spend more time on what's important. When you're finished with this book, you'll find that your Java is better, faster, and lighter than ever before.

## **Jeffrey Gitomer's 21.5 Unbreakable Laws of Selling**

### **Photographic Memory**

For the first time, two proven rapid weight-loss methods are combined to create an incredibly effective hybrid diet. Leading expert and authority on nutrition and weight management Caroline Apovian, MD, has translated more than twenty-five years of research and experience into an easy-to-use program for anyone who wants to slim down fast-and keep off the weight once and for all. Whether you want to drop five pounds or fifty, this specifically formulated plan will produce results. You'll lose up to two pounds overnight when you jumpstart your metabolism by drinking fulfilling smoothies in the 1-Day Power Up. Then the 6-Day Fuel Up keeps your body in fat-burning mode through a meal plan that includes plenty of delicious foods, including snacks and dessert. The Quickie Rev Up workout complements your food intake, giving your body the toned look you want while the unwanted pounds melt off. Finally, there's a proven plan that reveals the secret to fast, easy, and permanent weight loss. With THE OVERNIGHT DIET, you can: --Lose weight overnight and up to nine pounds in the first week --Reduce water retention and bloating --Preserve lean muscle --Stave off hunger pangs --Prevent plateaus --Feel healthier than ever before.

### **Sleep Smarter**

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Out-innovate, outsmart and outmaneuver your competitors with tactics from the CEO of TrendHunter.com, Jeremy Gutsche. In our world of chaos and change, what are you overlooking? If you knew the answer, you'd be a better innovator, better manager, and better investor. This book will make you better by teaching you how to overcome neurological traps that block successful people, like you, from realizing your full potential. Then, it will make you faster by teaching you 6 patterns of opportunity: Convergence, Divergence, Cyclicity, Redirection, Reduction and Acceleration. Each pattern you'll learn is a repeatable shortcut that has created fortunes for ex-criminals, reclusive billionaires, disruptive CEOs and ordinary people who unexpectedly made it big. In an unparalleled study of 250,000 ideas, Jeremy and his TrendHunter.com team have leveraged their 100,000,000 person audience to study what actually causes opportunity: data-driven research that was never before possible. The result is a series of frameworks battle-tested with several hundred brands, and top executives at some of the most successful companies in the world who rely on Jeremy to accelerate their hunt for ideas. Better and Faster will help you learn to see patterns and clues wherever you look that will put you on the smarter, easier path to finding those breakthrough ideas, faster.

### **Sell More Faster**

Companies, communities, and individuals fail for many reasons, but one of the most common—and

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easily avoidable—is the failure to reinvent. When people and organizations rest on prior successes rather than driving purposeful transformation, they discover too late that they have lost their market position altogether to competitors and external forces. The most successful companies, brands, and individuals make reinvention a regular part of their business strategies. Transformation demands an ongoing process of discovery and imagination, and *The Road to Reinvention* lays out a systematic approach for continually challenging and reinventing yourself and your business. Venture capitalist and serial entrepreneur Josh Linkner identifies six elements in any business that are ripe for reinvention and shares examples, methods, and step-by-step techniques for creating deliberate, productive disruption. Throughout *The Road to Reinvention*, Linkner also explores the history—the great rise, unprecedented fall, and now rebirth—of his beloved hometown, Detroit. First rising to greatness as the result of breathtaking innovation, Detroit had generations of booming growth before succumbing to apathy, atrophy, and finally bankruptcy. Now, the city is rising from the ashes and driving sustainable success through an intense focus on reinvention. Linkner brings an insider's view of this incredible story of grit, determination, and creativity, sharing his perspective on Detroit's successes and setbacks as a profound example of large-scale organizational and personal transformation. Change is inevitable. You need to decide: Will you drive that change, or be driven away by it? Will you disrupt or be disrupted? By choosing to deliberately reimagine your own status quo, you can secure a strong future for both your

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company and your career.

## The Road to Reinvention

Through a series of short stories and brief case studies about great innovators, this book will help managers and entrepreneurs rethink their innovation processes, using the tools outlined in the book. The eight chapters include narratives on: From Ideas to Action; Breaking the Rules; Learning Creativity from our Kids; Innovation as a Team Sport; and Innovating for Those with Less. The basic idea is that the best way to become a world-class innovator is to learn from other world-class innovators and to study what they did and how they did it. Contents: Stories That Inspire About People Who Aspire From Ideas to Action Break the Rules — Intelligently Innovation is a Team Sport Innovate Everywhere, Everything, Everyone Restoring Lost Innovativeness Learning Creativity from Our Kids Innovating for Those with Less Readership: Management professionals, practitioners, general public, students and academics interested in innovation.

## Results Faster!

## Focal Point

Recall more, ace tests, be more productive, and remember every little detail - with techniques from scientists and memory champions. Your brain doesn't want you to remember everything - it's more work!

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Overcome your brain's instincts with advanced memory tactics to kick your memory into shape and become smarter, faster, and better. Never forget anything - from grocery lists to interview answers. Improve Your Memory is a no-nonsense guide that breaks down human memory down from a biological, psychological, and practical standpoint. You won't just learn advanced memory strategies, you'll learn why they work and why you forget. However, this book's goal is singular: to improve memory performance no matter the context, so it is full of actionable tactic after tactic after tactic to make "I forgot" a phrase that you have forgotten. Cure forgetful & absent-minded mistakes - without endless rehearsal. Peter Hollins has studied psychology and peak human performance for over a dozen years and is a bestselling author. He has worked with dozens of individuals to unlock their potential and path towards success. His writing draws on his academic, coaching, and research experience. Discover how photographic memory really works.\*How, why, and the speed at which we forget information.\*How your body's state impacts your memory's capabilities.\*The infamous Memory Palace technique used by memory champions worldwide.\*Curious phenomena of the memory, such as amnesia, and what it means for you. Turn your mind into a focused steel trap and do away with reminder post-its.\*How mnemonics are much more than acronyms.\*The Von Restorff and Zeigarnik Effects and how they impact memory.\*The science of spaced repetition.\*Why your brain prefers visual imagery over anything else. Memory is the key to learning, improvement, focus, and performance. How

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will your life benefit from a stronger memory without having to rehearse and recite for hours a day? You'll learn better. You'll create new habits quicker and understand concepts more easily. Your job or academic performance will improve, and so will your social life. You'll be able to tell stories new and old easily and never run out of things to say. The annoying feeling of imminent recall will be a thing of the past. Your life will become less stressful and more relaxed because you'll be confident everything is taken care of and accounted for. Develop an elephant's memory by clicking the BUY NOW button at the top of this page.

### **Better, Stronger, Faster**

Learn to Innovate and Make Real Change In our era of disruption and possibility, there are so many great opportunities within your grasp; however, most smart and successful people miss out. Unfortunately, your capabilities are limited by the seven traps of path dependency, which cause you to repeat past decisions. These traps can limit you from seeing the potential of what could be. If you could overcome these traps, what could you accomplish? How much more successful could you be? Create the Future teaches you how to think disruptively, providing specific steps to create real innovation and change. This book combines Jeremy's high energy, provocative thinking with tactics that have been battle-tested through thousands of his team's projects advising leading innovators like Disney, Starbucks, Amex, IBM, Adidas, Google, and NASA. On top of all

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that, this is a double-sided book, paired with The Innovation Handbook, a revised edition of Jeremy's award-winning book, Exploiting Chaos.

### **Top ways to generate income online using proven methods**

An optimistic assessment of America's economic prospects examines positive trends that indicate imminent improvements, explaining how America is tapping the same strengths that enabled recovery after the Great Depression.

### **Improve Your Memory - Learn Faster, Retain More, and Unlock Your Brain's Potential - 17 Scientifically Proven Memory Techniques for Better Daily Living**

In seven life-changing chapters, packed with three powerful lessons each, you'll discover not only how to get better results, but also how to get them at a strategically accelerated rate."

### **Yes!**

Develop the Skills to Learn Anything Faster, Easier, and More Effectively Written by the creators of the #1 bestselling course of the same name, this book will teach you how to "hack" your learning, reading, and memory skills, empowering you to learn everything faster and more effectively. What Would You Do If You

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Could Learn Anything 3 Times Faster? In our rapidly changing and information-driven society, the ability to learn quickly is the single most important skill.

Whether you're a student, a professional, or simply embarking on a new hobby, you are forced to grapple with an every-increasing amount of information and knowledge. We've all experienced the frustration of an ever-growing reading list, struggling to learn a new language, or forgetting things you learned in even your favorite subjects. This Book Will Teach You 3 Major Skills: Speed reading with high (80%+) comprehension and understanding

Memory techniques for storing and recalling vast amounts of information quickly and accurately Developing the cognitive infrastructure to support this flood of new information long-term However, the Super Learning skills you'll learn in this course are applicable to many aspects of your every day life, from remembering phone numbers to acquiring new skills or even speaking new languages. Anyone Can Develop Super-Learning Skills This course is about improving your ability to learn new skills or information quickly and effectively. We go far beyond the kinds of "speed reading" (or glorified skimming) you may have been exposed to, diving into the actual cognitive and neurological factors that make learning easier and more successful. We also give you advanced memory techniques to grapple with the huge loads of information you'll soon be able to process. "This book should be the go-to reference for anyone looking to upgrade their mind's firmware!" -Benny Lewis, Language Learning Expert Learn How to Absorb and Retain Information in a Whole New Way - A Faster, Better Way The Authors' Proprietary Method for

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Teaching Speed Reading & Memory Improvement  
You may have even taken a normal speed reading course in the past, only to realize that you didn't retain anything you read. The sad irony is that in order to properly learn things like speed reading skills and memory techniques in the past, you had to read dozens of books and psychological journals to decode the science behind it. Or, you had to hire an expensive private tutor who specializes in SuperLearning. That's what I did. And it changed my life. Fortunately, my co-authors (experts and innovators in the fields of superlearning, memory improvement, and speed reading) agreed to help me transform their materials into the first ever digital course. Over 25,000 satisfied students later, we have transformed our course into a book you can enjoy anywhere. Our teaching methodology relies heavily on at-home exercises. The chapters themselves are only part of what you're buying. You will be practicing various exercises and assignments on a regular basis over the course a 7 week schedule. In addition to the lectures, there are hours of supplemental video and articles which are considered part of the curriculum. "This vital book contains all the tools needed to learn, memorize, and reproduce anything you want with the joy that ease brings. Don't take another class until you've read it!" -Dr. Anthony Metivier, Author & Memory Expert If you wish to improve memory and concentration, learn more effectively, read faster, and learn the techniques of memory champions - look no further! An awesome read that will push the limits of your brain. Levi does an incredible job of guiding you through, to bring your brain from average to UNSTOPPABLE!" -Nelson Dellis, 4-Time USA Memory

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Champion

## **Financial Freedom**

Practical advice from some of today's top early stage investors and entrepreneurs TechStars is a mentorship-driven startup accelerator with operations in three U.S. cities. Once a year in each city, it funds about ten Internet startups with a small amount of capital and surrounds them with around fifty top Internet entrepreneurs and investors. Historically, about seventy-five percent of the companies that go through TechStars raise a meaningful amount of angel or venture capital. *Do More Faster: TechStars Lessons to Accelerate Your Startup* is a collection of advice that comes from individuals who have passed through, or are part of, this proven program. Each vignette is an exploration of information often heard during the TechStars program and provides practical insights into early stage entrepreneurship. Contains seven sections, each focusing on a major theme within the TechStars program, including idea and vision, fundraising, legal and structure, and work/life balance Created by two highly regarded experts in the world of early stage investing Essays in each section come from the experienced author team as well as TechStar mentors, entrepreneurs, and founders of companies While you'll ultimately have to make your own decisions about what's right for your business, *Do More Faster: TechStars Lessons to Accelerate Your Startup* can get your entrepreneurial endeavor headed in the right direction.

## **From Promising to Proven: A Wise Giver's Guide to Expanding on the Success of Charter Schools**

★Buy the Paperback version of this book and get the ebook version included for FREE★ Do you wish you could accelerate your learning abilities and improve your memory instantly? Do you want to effortlessly stay focused and absorb info like a human sponge? If you answered YES to any of those questions, then the solution is right in front of you. Scientifically-proven methods for accelerated learning to save your valuable time How to Learn Faster is not a boring textbook - it's a simple yet effective guidebook for your journeys in learning. It will help you to use your brain to its fullest potential by showing you the most effective methods, the pitfalls you must avoid, and the habits you must develop. Not only is this book an essential learning tool, it is also going to give you insight into how your brain works with easy to understand explanations and tips that anyone can naturally work into their day-to-day life. It will also give you the skills you need to strengthen your brain, improve your memory and achieve all your learning goals. Here's Just a Quick Preview of What You'll Learn in this Book: \* How to hack your belief system and convince yourself that you CAN be a fast learner \* Four different types of learners and how to find out which one is yours. \* The reading mistakes you are probably committing right now and what to do about them. \* How to double your reading speed within just a few days. \* Surprising facts about your brain and memory and how to make your brain work for you. \*

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The learning techniques that are proven to work - such as mind-mapping, link method, and method of Loci. \* Top strategies for taking better notes for effective learning. \* How to develop laser-like focus and greater concentration. \* The secret no one ever tells you about memory retention. \* How to use the superpower of spaced repetition. \* Daily habits you must cultivate to develop unlimited memory. \* And much, much more! Learning how to learn is one of the most valuable skills you will ever possess. It unlocks everything you want in life: better grades, better career development, better relationships, and most important of all - the life you truly want. So, Are You Ready to Reach Your Brain's Potential and Become a Learning Machine? If you are, then simply scroll up and click the BUY NOW button, and be prepared to 10X your learning abilities now. ★Buy the Paperback version of this book and get the ebook version included for FREE★

### **Exploiting Chaos**

The hottest trend spotter in North America reveals powerful strategies for thriving in any economic climate. The ultimate business survival guide for all those looking to change the world.

### **How to Learn Faster**

Still wondering how some people can remember information in great detail? In Photographic Memory, you won't just learn about the concept of photographic memory but you'll also discover the

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secret to expanding your retention capacity. Learn more about how your memory works and what makes a person remember things clearly. If you are one of those people who still memorize things through repeating them over and over until retained, then it's time to get rid of that old habit and discover a range of various memory tricks and techniques in this book. You'll be able to practice every technique through the exercises included in each method. To have a glimpse of the important knowledge you'll potentially learn once you read this book, here's an overview:

- Simplified discussion on how the mind makes, stores and remembers a memory
- The photographic memory and how it is different from eidetic memory
- Significance of creative thinking and visualization as a platform to achieve extraordinary memory
- How peg systems work including the special systems that are specifically developed to memorize numbers
- Tips and tricks to remember names better
- How emotions can be used to easily remember information
- How to organize and visualize information through mind mapping
- The concept of the palace method and how to construct your own memory palace to be able to store and retrieve information in an instant
- It's time to step up your memorization skill and discover the things you need to maximize and expand your retention capacity.

## **The Wisconsin Farmer, and Northwestern Cultivator**

Learn how Direct Selling has empowered millions of people to enjoy the 31 essential elements for a good

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life. This book is full of ideas, skills, tools and solutions that will enlighten, inspire and empower you to build your dream life. Get tools that you can instantly apply to enhance your success and quality of life. There are solutions and breakthrough ideas that will propel you faster to the life you aspire to live. It's like wisdom of a lifetime brought to you in an easy to understand and simple to apply format. Achieve More, Succeed Faster will teach you how to: - Create financial freedom and passive income - Make a 5 step Masterplan to help you achieve your goal - Enjoy lasting happiness and fulfillment - Earn millions while doing what you love to do - Help others to fulfil their dreams - Change habits and break old patterns of behavior - Build a life that is spiritually uplifting - Be a great leader and magnify your influence - Build an empowering circle of friends - Rise faster in your career - Build a new empowering mindset - Be resilient and maintain composure in the face of difficulties This book is also recommended for people who are not into the Direct Selling business but want to understand the real nitty-gritty of this business.

### **Better and Faster**

Twenty-five years ago, charter schools hadn't even been dreamed up. Today they are mushrooming across the country. There are 6,500 charter schools operating in 42 states, with more than 600 new ones opening every year. Within a blink there will be 3 million American children attending these freshly invented institutions (and 5 million students in them by the end of this decade). It is philanthropy that has

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made all of this possible. Without generous donors, charter schools could never have rooted and multiplied in this way. And philanthropists have driven relentless annual improvements—better trained school founders, more prepared teachers, sharper curricula, smarter technology—that have allowed charter schools to churn out impressive results. Studies show that student performance in charter schools is accelerating every year, as high-performing models replace weaker ones. Charter schools as a whole already exceed conventional schools in results. The top charters that are now growing so fast elevate student outcomes more than any other schools in the U.S.—especially among poor and minority children. Charter schooling may be the most important social innovation of our age, and it is just beginning to boom. Philanthropists anxious to improve America have more opportunities to make a difference through charter schools than in almost any other way. This book provides the facts, examples, cautionaries, inspiration, research, and practical experience that philanthropists will need as charter schooling shifts gears from promising experiment to mainstream movement bringing improved opportunity to millions of students.

### **Proven Guilty**

Learn how small changes can make a big difference in your powers of persuasion with this New York Times bestselling introduction to fifty scientifically proven techniques for increasing your persuasive powers in business and life. Every day we face the challenge of

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persuading others to do what we want. But what makes people say yes to our requests? Persuasion is not only an art, it is also a science, and researchers who study it have uncovered a series of hidden rules for moving people in your direction. Based on more than sixty years of research into the psychology of persuasion, *Yes!* reveals fifty simple but remarkably effective strategies that will make you much more persuasive at work and in your personal life, too. Cowritten by the world's most quoted expert on influence, Professor Robert Cialdini, *Yes!* presents dozens of surprising discoveries from the science of persuasion in short, enjoyable, and insightful chapters that you can apply immediately to become a more effective persuader. Often counterintuitive, the findings presented in *Yes!* will steer you away from common pitfalls while empowering you with little known but proven wisdom. Whether you are in advertising, marketing, management, on sales, or just curious about how to be more influential in everyday life, *Yes!* shows how making small, scientifically proven changes to your approach can have a dramatic effect on your persuasive powers.

## **Create the Future + The Innovation Handbook**

A simple yet revolutionary approach to improving your body's oxygen use, increasing your health, weight loss, and sports performance—whether you're a recovering couch potato or an Ironman triathlon champion. With a foreword by New York Times bestselling author Dr. Joseph Mercola. Achieve more

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with less effort: The secret to weight loss, fitness, and wellness lies in the most basic and most overlooked function of your body—how you breathe. One of the biggest obstacles to better health and fitness is a rarely identified problem: chronic over-breathing. We often take many more breaths than we need—without realizing it—contributing to poor health and fitness, including a host of disorders, from anxiety and asthma to insomnia and heart problems. In *The Oxygen Advantage*, the man who has trained over 5,000 people—including Olympic and professional athletes—in reduced breathing exercises now shares his scientifically validated techniques to help you breathe more efficiently. Patrick McKeown teaches you the fundamental relationship between oxygen and the body, then gets you started with a Body Oxygen Level Test (BOLT) to determine how efficiently your body uses oxygen. He then shows you how to increase your BOLT score by using light breathing exercises and learning how to simulate high altitude training, a technique used by Navy SEALs and professional athletes to help increase endurance, weight loss, and vital red blood cells to dramatically improve cardio-fitness. Following his program, even the most out-of-shape person (including those with chronic respiratory conditions such as asthma) can climb stairs, run for a bus, or play soccer without gasping for air, and everyone can achieve:

- Easy weight loss and weight maintenance
- Improved sleep and energy
- Increased concentration
- Reduced breathlessness during exercise
- Heightened athletic performance
- Improved cardiovascular health
- Elimination of asthmatic symptoms, and more.

With *The Oxygen Advantage*, you can look better, feel

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better, and do more—it's as easy as breathing.

## **Time Power**

NEW YORK TIMES BESTSELLER • From the author of *The Power of Habit* comes a fascinating book that explores the science of productivity, and why managing how you think is more important than what you think—with an appendix of real-world lessons to apply to your life. At the core of *Smarter Faster Better* are eight key productivity concepts—from motivation and goal setting to focus and decision making—that explain why some people and companies get so much done. Drawing on the latest findings in neuroscience, psychology, and behavioral economics—as well as the experiences of CEOs, educational reformers, four-star generals, FBI agents, airplane pilots, and Broadway songwriters—this painstakingly researched book explains that the most productive people, companies, and organizations don't merely act differently. They view the world, and their choices, in profoundly different ways. A young woman drops out of a PhD program and starts playing poker. By training herself to envision contradictory futures, she learns to anticipate her opponents' missteps—and becomes one of the most successful players in the world. A group of data scientists at Google embark on a four-year study of how the best teams function, and find that how a group interacts is more important than who is in the group—a principle, it turns out, that also helps explain why *Saturday Night Live* became a hit. A Marine Corps general, faced with low morale among recruits, reimagines boot camp—and discovers that

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instilling a “bias toward action” can turn even the most directionless teenagers into self-motivating achievers. The filmmakers behind Disney’s Frozen are nearly out of time and on the brink of catastrophe—until they shake up their team in just the right way, spurring a creative breakthrough that leads to one of the highest-grossing movies of all time. What do these people have in common? They know that productivity relies on making certain choices. The way we frame our daily decisions; the big ambitions we embrace and the easy goals we ignore; the cultures we establish as leaders to drive innovation; the way we interact with data: These are the things that separate the merely busy from the genuinely productive. In *The Power of Habit*, Pulitzer Prize-winning journalist Charles Duhigg explained why we do what we do. In *Smarter Faster Better*, he applies the same relentless curiosity, deep reporting, and rich storytelling to explain how we can improve at the things we do. It’s a groundbreaking exploration of the science of productivity, one that can help anyone learn to succeed with less stress and struggle, and to get more done without sacrificing what we care about most—to become smarter, faster, and better at everything we do.

### **Faster, Better, Stronger**

If you want to be among the top 1% people, you must do what the top 1% people do. People come into network marketing because they believe they can fulfil their dreams faster here. But many are not able to achieve their dream income and lifestyle in spite of

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many years of hard work, commitment and motivation. What they lack is the right knowledge, skills, techniques and tools for success. This one of its kind guidebook will teach you everything you need to know to be a top achiever in any network marketing company with any product or income plan. This book will give amazing results to everyone—professionals, business owners, employees, students, retired people or housewives. If you want to be the best, learn from the best. This book is written by an iconic name in the direct selling industry, Deepak Bajaj, who became a multi-millionaire himself and has helped thousands of people become millionaires by using the principles and techniques detailed in this book. Be a network marketing millionaire will teach you how to: establish a new, more empowering belief system multiply your income and team size ten times in record time create a Duplication system for a lifelong passive income secret techniques to make a never-ending prospect list use effective social media strategy for big success put in place a 90-day game plan to turn your business around forever build your personal brand to pull the right people towards you how to invite people without affecting relationships how to build leaders within your team And much more.

## **Writing Your Doctoral Dissertation or Thesis Faster**

## **Team Up! Find a Better Job Faster with a Job Search Work Team**

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A doctoral dissertation is arguably the most important journey that students will embark upon in their professional careers, so smart travelers will want E. Alana James and Tracesea H. Slater's *Writing Your Doctoral Dissertation or Thesis Faster: A Proven Map to Success* at their fingertips. James and Slater identify the key places and challenges that create extra stress during the dissertation process, and offer effective strategies and tools to address those challenges and ensure academic success. Their map walks readers through each step of the process, including: • determining the research topic, • choosing appropriate methods, • turning a hypothesis into a study, • completing a literature review, • writing and defending a proposal, • collecting and analyzing data, • writing up the study, and • ultimately defending the dissertation. Building on years of experience with doctoral students, the authors provide a comprehensive, yet easy-to-use tool that encourages student reflection; includes student stories, hints, and writing tips; and provides end-of-chapter checklists and ideas for incorporating social media. With the proven techniques and guidance of this indispensable and applied book, doctoral students will finish their thesis or dissertation—faster!

### **Do More Faster**

The Wall Street Journal business bestseller with over 50,000 copies sold! The true secret of high achievers is that they know how to find their "focal point" - the one thing they should do, at any given moment, to

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get the best possible results in each area of their lives. In *Focal Point*, Tracy brings together the very best ideas on personal management into a simple, easy-to-use plan. *Focal Point* helps readers analyze their lives in seven key areas and shows them how to develop focused goals and plans in each. This best-selling guide provides timeless truths that have been discovered by the most effective people throughout the ages, answering questions like: \* How can I get control of my time and my life? \* How can I achieve maximum career success and still balance my personal life? \* How can I accelerate the achievement of all my goals? *Focal Point* shows readers how to develop absolute clarity about what they want, and how they can achieve supreme satisfaction, both personally and professionally.

### **Get Better**

From Amos Schwartzfarb, serial entrepreneur and veteran Managing Director of Techstars Austin comes the elemental, essential, and effective strategy that will help any startup identify, build, and grow their customers from day 1 Most startups fail because they can't grow revenue early or quickly enough. Startup CEOs will tell you their early missteps can be attributed to not finding their product market fit early enough, or at all. Founders overspend time and money trying to find product-market fit and make false starts, follow the wrong signals, and struggle to generate enough revenue to scale and raise funding. And all the while they never really knew who their customers were, what product they really needed,

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and why they needed it. But it doesn't have to be this way, and founders don't need to face it alone. Through expert guidance and experienced mentorship, every startup can avoid these pitfalls. The ultimate guide for building and scaling any startup sales organization, *Sell More Faster* shares the proven systems, methods, and lessons from Managing Director of Techstars Austin and sales expert Amos Schwartzfarb. Hear from founders of multi-million-dollar companies and CEOs who learned firsthand with Techstars, the leading mentorship-driven startup accelerator and venture capital firm that has invested in and mentored thousands of companies, collectively representing billions of dollars in funding and market cap. Schwartzfarb, and the Techstars Worldwide Network of more than 10,000 mentors do one thing better than anyone: help startup entrepreneurs succeed. They know how to sell, how to hire people who know how to sell, and how to use sales to gain venture funding—and now you can, too. *Sell More Faster* delivers the critical strategies and guidance necessary to avoid and manage the hazards all startups face and beat the odds. This valuable resource delivers: A comprehensive playbook to identify product market direction and product market fit Expert advice on building a diverse sales team and how to identify, recruit, and train the kinds of team members you need Models and best practices for sales funnels, pricing, compensation, and scaling A roadmap to create a repeatable and measurable path to find product-market fit Aggregated knowledge from Techstars leaders and industry experts *Sell More Faster* is an indispensable guide for entrepreneurs seeking product-market fit, building their sales team,

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developing a growth strategy, and chasing  
accelerated, sustained selling success.

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